

## **JOSH MATTHEWS**

Josh is eleven years old and was nominated by Kathy Walters, a friend of Josh's mother, Denise. Earlier this summer, Josh saved Denise's life by performing the Heimlich maneuver on her after she started choking during dinner. Josh is aware of the universal sign for choking, and when he noticed his mother in distress, he quickly asked her if he should perform the Heimlich. Josh kept his cool and was soon able to dislodge the object. "It's not every day that an eleven year old is faced with this type of challenge and reacts the way that Josh did," stated Kathy. "Josh is an amazing kid, and a hero in my book!"